

Biopsy Wound Care Instructions

* Keep your wound clean, moist, and covered (no scabs) for better healing*

1. Leave the bandage we have applied to the site in place for 24 hours.
2. Once a day, clean the area with mild soap and water (Do not use hydrogen peroxide or alcohol unless you see crusting between stitches). The shower is a good place to do this. Avoid soaking in baths until you are healed and all stitches are out. If you exercise or get sweaty, you may need to cleanse and bandage twice a day. Otherwise, once is fine.
3. Then, apply antibiotic ointment (Bacitracin or Polysporin -if you're not allergic to it). If you are allergic to antibiotic ointment, apply Aquaphor healing ointment or plain petroleum jelly to the site. Cover with a band aid. You can make your own custom bandage with Telfa-type nonstick gauze and paper tape. Paper tape is usually less irritating than other adhesives.
4. Do NOT allow the site to "dry out" or scab over. This will increase your risk of scarring.
5. This process should be done 1-2 times a day until healed. (If you take aspirin regularly, once a day would be best).
6. You may experience minor amounts of bleeding during wound care. This is normal. Hold a clean cloth or gauze pad to the site for a few minutes if this occurs.
7. Your tissue specimen will be submitted to a pathologist and you will receive a separate bill from the pathologist for processing

Please call our office with any questions or concerns.

Audubon Dermatology
504-895-3376

