

Fraxel

Pre-Treatment Instruction

- Must be off Accutane for at least 6 months.
- Patients who are pregnant or nursing should not have laser treatment.
- Patients with predisposition to keloid formation or excessive scarring or have suspicious lesions and active infections are not advised to undergo laser treatment.
- Skin is not to be tanned, either by the sun or by sunless agent (lotion, spray).
- If patient is using a topical retinoid, you may use up to the day of treatment and resume 1-2 weeks post treatment.
- If prone to fever blisters or acne, laser treatment can produce a flare up. Please inform your physician prior to treatment if this occurs. Valtrex is recommended before treatment as a preventative measure.
- **You must arrive at least 1 HOUR prior to your scheduled appointment time to allow time to numb.**
- Treatment area will be numbed with topical anesthetic for at least an hour before treatment; the option of an oral pain medication is also available and should be discussed with your doctor before treatment.