

## Botox, Dysport, & Xeomin

### Post-Treatment Instructions

To minimize your chances of a potential complication (drooping on the eyelid(ptosis)) it is highly recommended that:

- 1.) You should not lie down or bend over for at least 6 hours after treatment(for example, squat to tie shoes laces rather than bend over).
- 2.) You should not massage or put pressure on the injected sites. This includes wearing a hat.
- 3.) It is advised you not take Aspirin, Advil, Aleve, or Ibuprofen for 24 hours – it will increase your chances of bruising (take Tylenol if you experience a mild headache, which occasionally happens).
- 4.) It is recommended that you “exercise” your facial muscles by making frowning and/or “raised brow” expressions often for several hours after treatment.
- 5.) You will not look different tomorrow! Look forward to your results becoming visible in about 72 hrs. Full Result in 1-2 weeks. Please call us with any questions or concerns.