

Levulan PDT

Post-Treatment Instructions

- Remain indoors and avoid sunlight for 2 days. This includes driving /riding in the car and sitting by windows.
- Apply a broad spectrum UVA/UVB sunscreen of SPF 30 or higher daily.
- Take analgesics such as Tylenol or Advil, if necessary for pain.
- Apply cool ice compresses if skin feels warm
- Take Benadryl, as directed, if itching occurs. Do not rub or scratch the skin.
- Gently cleanse with Cetaphil, Cerave, or a gentle cleanser twice daily.
- To soothe dryness, apply Cetaphil , Cerave or Vanicream twice daily and before bed.
- The photosensitivity to sunlight is usually gone after 48 hours, but may last as long as 72 hours.
- You may resume your normal skincare regime with daily sunscreen use, and begin applying makeup or shave once the irritation has resolved.

Post-Treatment Expectations

- Mild/moderate/severe stinging and burning of the skin.
- Red and sensitive, similar to a sunburn. Redness may persist for a few days.
- Dryness and peeling will vary per individual. Peeling could persist for 3-5 days.

*****EXTREME SUN AND INDOOR LIGHT SENSITIVITY FOR 48 HOURS! YOU MUST STAY OUT OF THE SUN COMPLETELY! *****

You may call the office at 504-895-3376 with any questions or concerns.