

## Levulan PDT Pre-Treatment Instructions

- Please **arrive at least 5 minutes prior** to your scheduled appointment. The application of Levulan and incubation times for this treatment are time sensitive; therefore, late arrivals will need to be rescheduled.
- Please arrive with clean, washed skin. Avoid lotions, sunscreens and make-up on procedure day.
- Please leave jewelry and valuables at home. There may be times when your personal items could be left unattended. We are not responsible for lost or stolen items.
- When the **face, neck, scalp or ears** are treated, bring a **wide brim hat** and **sunglasses** (avoid baseball caps)
- When treating the **hands and arms**, bring dark colored **gloves**. Also wear a long sleeved shirt that may be rolled up to elbows. Undershirts may also be worn with the a long sleeved shirt.
- When treating the **legs**, please wear loose fitting **pants** that can be rolled up above the knee.
- Please bring some form of entertainment while you wait.
- Please inform the nurse where the treatment areas are that you and Dr. Hooper or Dr. Jackson discussed.
- Please make sure the blue light is 2 inches away from the area meant to be treated.
- You must wear goggles at all times during the blue light treatment.

\*Please let us know if you have any permanent cosmetics or facial tattoos. We will cover areas prior to the blue light treatment since there is a slight risk of the permanent cosmetic lightening.

### **Total Office Time Expectations**

Face: 2 hours

Scalp, Ears, Neck: 2.5 hours

Chest: 3 hours

Arms and Leg 3-6 hours (You may leave the office for the incubation time as long as the treatment area is completely covered)