

Sclerotherapy

Pre-Treatment Instructions

- Avoid alcohol and ibuprofen for 48 hours before the treatment.
- Avoid Aspirin, Ginko, Fish Oil, and products containing Aspirin for two weeks before your treatment. If these products were prescribed by your physician, stop using them only if your prescribing physician approves, then resume them 48 hours after your procedure.
- Try to avoid shaving and moisturizers the day before, the day of, and the day after your procedure.
- Bring a comfortable pair of shorts to wear during your treatment. Wear a loose skirt or pants to the office.
- Bring support hose to wear after your procedure. We recommend Sigvaris stockings. Thigh high styles can be more comfortable than pantyhose. You may also purchase them at our office the day of your procedure.
- Graduated compression is superior to department store brands like Hanes Alive.