

Skin Surgery

Pre-Operative Instructions

1. Avoid Aspirin, Ibuprofen, Bufferin, Aleve, Advil, Nuprin, Vitamin E, Fish Oil, and all herbs for 2 weeks before surgery. If you are prescribed aspirin or any of these medications for a heart or vascular condition, please call Dr. Hooper or Dr. Jackson before discontinuing use. Dr. Hooper and Dr. Jackson will likely recommend you continue these medications.
2. Avoid drinking alcohol for 48 hours before your surgery.
3. On the morning of your surgery, you should eat a light breakfast and take your prescription medications.
4. If you are having surgery on the scalp, wash your hair the night before surgery. For facial surgery please do not have make-up or cosmetics on (even omit moisturizer for that day).
5. Sometimes you may need to bring a companion with you to drive you home after your surgery, especially if you are having surgery on the head or neck.
6. You should not do any strenuous exercise for approximately 24 hours after your surgery. Occasionally it may be best to take time off from work or other obligations.